

Rural Mobile Crisis Response Team strives to help rural youth live happily and safely in their homes and community.

## RURAL HOTLINE TELEPHONE: **702.486.7865**

The team supports youth and families in behavioral/mental health crisis situations and helps to find community services for youth and their families through:

**TELEPHONE TRIAGE:** Crisis staff are available to provide support over the phone and assist in gathering information to determine how to help resolve the crisis situation.

**<u>CRISIS RESPONSE:</u>** Once crisis staff determine that a response is needed then a team member will contact you within minutes. The response team will work to de-escalate the crisis and provide interventions to stabilize the crisis. This is done via phone or video, whereever the youth and family are located. **<u>CRISIS STABILIZATION:</u>** A short-term, mental health intervention. It is designed to assess, manage, monitor, stabilize and support the youth's wellbeing. The team may develop an individualized safety plan with the family to help support the youth.

**AFTER CARE:** The Mobile Crisis Response Team is available to follow up with youth and their families to ensure that there is a smooth transition to needed supports and services in the community.

## Goals:

Support and maintain youth in their home and community environment.

- Promote and support safe behavior in youth in their homes and community.
- Reduce admissions to Emergency Departments due to a behavioral health crisis.
- Facilitate short term in-patient psychiatric hospitalization when needed.

## Values:

- Respond immediately to children and families during times of behavioral/mental health crisis.
- Reduce Emergency Department visits for psychiatric crisis by providing immediate response to youth exhibiting behavioral/mental health crisis.
- Provide services that are family-driven, culturally competent, community based and consistent with Nevada System of Care principles.
- Assure safety and continuity of care through individualized strategies implemented by a wraparound-based, team approach.
- Facilitate linkage and access to community services using a Child and Family Team process.

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DIVISION OF PUBLIC AND BEHAVIORAL HEALTH/RURAL CLINICS IN PARTNERSHIP WITH DIVISION OF CHILD AND FAMILY SERVICES